

Problem	Physiotherapy	Further resources
<p>Systemic:-</p> <ul style="list-style-type: none"> • Cardiac failure • Renal failure • Liver failure • Medication related (steroids, NSAIDs) 	<p>Ensure medical team assessment has been undertaken recently.</p> <p>Conservative lymphoedema management usually less appropriate. Liaise with nurse specialists and consider referral to hospice for symptom management advice.</p> <p>Proximal myopathy is a common side effect of steroids. Effects can be lessened with strengthening exercises, gait aids and gait re-education. Effects should lessen within 3-4 weeks of stopping drug.</p>	<p>Ainslie T. (ed). (2012) The concise guide to physiotherapy. Volume 2: Treatment. Chapter 12. Churchill Livingstone Elsevier.</p>
<p>Cellulitis</p>	<p>Treatment aim needs to be to decrease recurrence rate of infections.</p> <p>Skincare advice.</p> <p>Refer to GP for discussion on prophylactic antibiotics.</p> <p>Refer lymphoedema clinic</p>	<p>British Lymphology Society 2013 Cellulitis consensus document</p>